



Myofascial Release:

Returning to a Pain-Free, Active Lifestyle

Are you tired of living with chronic pain, headaches, digestive discomforts and other diagnoses? Have you tried everything, taken prescription medications, but still have symptoms and don't know why?

Join Amy as she discusses how the myofascial system is the missing link in treatments for long-standing symptoms and how you can return to a more active life.

Presenter: Amy L. Beyer, LAT, LMT

Tuesday, May 28, 2019

6:00 pm - 7:00 pm

Location:

**Good Harvest Market, 2205 Silvernail Rd
Pewaukee, WI 53072**

Space is limited, call to RSVP

A **free** program brought to you by **Natural Balance Therapy**
To RSVP or for more information please call 262-746-9090.

Who Would Benefit From Attending:

- If your pain has limited you from spending time doing things you enjoy.
- If you have tried everything and not gotten results.
- If you are looking to gain your life back.



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